

BLOOD ANALYSIS

FUNCTIONAL BLOOD ANALYSIS

Blood chemistry is one of the easiest ways for us to assess multiple organs and systems in one test, however, the way in which it is analyzed can make all the difference.

We often see patients who have been told that their labs are normal yet they don't feel their best. By using a functional lense in reviewing labs, we can see early, subtle signs of stress in systems of the body and put together a plan of action to get a jump on your health before it becomes an overt medical condition or crisis.

Why wait until something is abnormal enough for a prescription or surgery? Get a functional blood analysis and take action now while natural methods like diet, lifestyle and supplements have a greater chance of success.

TESTS AVAILABLE

The Core Panel

- **CMP Panel:** glucose, kidney and liver markers, digestive markers
- **CBC Panel:** white blood cells, anemia and immune markers
- **Iron Panel:** iron, TIBC, iron saturation, ferritin
- **Lipids Panel:** cholesterol, triglycerides, HDL, LDL
- **Thyroid Panel:** TSH, fT3, fT4, TPO Ab, TG Ab, Reverse T3
- **Additional Markers:** GGT, LDH, HgA1c, insulin, vitamin D, phosphorus, uric acid, homocysteine

Customized Additional Markers

- **Nutrients Markers:** magnesium, calcitriol (active vit D), copper, folate, transferrin, vitamin A, vitamin B12, zinc
- **Digestive Markers:** gastrin, lipase, amylase
- **Vascular:** homocysteine, apolipoprotein A-1, apolipoprotein B, D-dimer, Lp(a), fibrinogen
- **Inflammation:** hs-CRP, sedimentation rate, omega fatty acids
- **Hormone Markers:** DHEA-s, estradiol, estrone, estriol, progesterone, free & total testosterone, FSH & LH, SHBG, prolactin, DHT, PSA (for men)
- **Viral Tests:** nagalase (total viral load), EBV panel
- **Pyrrole Disorder Test** \$153 - associated with severe anxiety or depression, bipolar, ADHD, OCD, etc; can be corrected with nutrients



TEST DETAILS

TEST TYPE

- Requisition emailed to you
- **Blood draw at a lab near you**

LAB FEE-CUSTOM

- **Panels vary from \$150 - \$615 but most often are about \$350**
- *We prefer creating custom panels based on client needs*

CONSULT FEE

- **\$225/hour for Lab Review Consult**
- Includes a detailed review, up to 1 hour consult and recommendations
- This is a **virtual consult**, so anyone can benefit, near and far

EXPERT REVIEW

Our practitioners have extensive training in evaluating blood chemistry patterns and will be thorough in looking for any opportunities to improve your health. They will review your dietary intake, lifestyle factors, supplements and medications when creating your custom plan for optimal health.

